

YEAR OF THE FAM!

Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mornings				D/M & I Time - 7am		
	School: 8-12	School: 8-12	School: 8-12	School: 8-12	School: 8-12	Chore/Cleaning: 1-3
Evenings	Family Meal - 6:45		Family Meal - 6		Family Meal - 6	Family Mtg: 3pm
Dishes/Sweep	Spencer	Seth	Faith	Dad	Shane	Mom
Theme	Exercise Night	Date Night	Church Night	Try It Night	Movie Night	Family/Game Night

Verse(s) of the Week:

Child's Breakfast:

Fast Category: (water only, tv, sugar, eating out, social media)

Special Monthly Getaway/Activity:

Activity Ideas:

- Camping
- Starved Rock
- Wisconsin Dells
- St. Louis, Chicago
- Galena
- Kayaking
- Bulls/OKC/Illini Game

Try It Night (Unique List of Things to do/try):

- Different family member makes a meal
- Elevate